



CCE Community Education Program

Parent Cafe

The First Five Years: Caring for yourself and your child

Wednesdays, May 8, 15, and 22, 2024 • 10:00am-12:00pm

Free Classes!

Different topic each week

Childcare available

Enjoy snacks with us!

Prizes at every class!

Program Dates and Titles

May 8-22 (Nutrition education classes)

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| May 8 | Nutrition for Toddlers (2-3yrs.) |
| May 15 | Nutrition for Preschoolers (4-5yrs.) |
| May 22 | Feeding Families on a Tight Budget/
Breastfeeding Q&As |



**Sessions presented by
Nutrition Educator**

This series will be presented in English only



Classes held at:

St Gerard Majella R.C. Church
300 Terryville Road,
Port Jefferson Station NY, 11776



*Funding provided by the
Mother Cabrini Health
Foundation*



**Scan Here to
Pre-Register**

For more information, please contact Melek Baba - mb2562@cornell.edu

Please contact the Cornell Cooperative Extension of Suffolk County office if you have any special needs.

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